TABLE OF CONTENTS

MODULE 1: Pathophysiology of Stroke, Neuroanatomy, and Stroke Syndromes

- 1.1 Classification and Etiology of Stroke: Pathophysiology and Anatomy
- 1.2 Brain Anatomy and Blood Supply
- 1.3 Stroke Syndromes
- 1.4 Neuroplasticity

MODULE 2: Acute Stroke Management

- 2.1 Stroke Unit Care
- 2.2 The Interprofessional Stroke Team: Acute Care
- 2.3 Post-Stroke Complications
- 2.4 Other Effects of Stroke
- 2.5 Advanced Care Planning and Transition Management

MODULE 3: Pre-Hospital Care and Emergency Management

- 3.1 Stroke Warning Signs and Pre-hospital Care
- 3.2 Acute ASA Therapy
- 3.3 Acute Thrombolytic Therapy
- 3.4 Adverse Effects of tPA
- 3.5 Endovascular Thrombectomy (EVT)
- 3.6 Acute Ischemic Stroke Management
- 3.7 Hemorrhagic Stroke Management

Acute Stroke Unit Orientation Introduction

3

MODULE 4: Diagnostics and Assessments

- 4.1 Acute Care Nursing Assessment
- 4.2 Standardized Neurological Assessments (CNS, NIHSS, GCS)
- 4.3 Other Assessments
- 4.4 Investigations

MODULE 5: Swallowing, Nutrition and Oral Care

- 5.1 Swallowing Post Stroke: Dysphagia
- 5.2 Normal Swallow
- 5.3 Aspiration
- 5.4 Dysphagia Screening
- 5.5 Managing Dysphagia and Feeding Your Stroke Patient
- 5.6 Oral Care

MODULE 6: Hemiplegic Shoulder, Positioning, Mobility and Transfers

- 6.1 Introduction
- 6.2 General Principles for Assisting Stroke Survivors
- 6.3 The Hemiplegic Shoulder
- 6.4 Positioning the Stroke Survivor
- 6.5 Mobilizing the Stroke Survivor
- 6.6 Transferring the Stroke Survivor

Acute Stroke Unit Orientation Introduction

MODULE 7: Cognition, Perception, and Behaviour

- 7.1 Cognition
- 7.2 Perception
- 7.3 Stroke and Behaviour Change

MODULE 8: Secondary Stroke Prevention

- 8.1 Stroke Prevention
- 8.2 Stroke Recognition
- 8.3 Stroke Mimics
- 8.4 Transient Ischemic Attack
- 8.5 Cardiovascular Disease Management and Stroke Risk Factors
- 8.6 Lifestyle and Risk Factor Assessment and Management
- 8.7 Commonly Prescribed Medications for Stroke and Stroke Prevention
- 8.8 Carotid Intervention
- 8.9 Sleep Apnea
- 8.10 Smoking Cessation
- 8.11 Transient Ischemic Attack (TIA) Management

MODULE 9: Mood and Behaviour Changes

- 9.1 What is Depression?
- 9.2 Depression Screening
- 9.3 Strategies for Managing Behaviour Changes

MODULE 10: Sexual Health Post-Stroke

- 10.1 Human Sexuality
- 10.2 Effects on Sexuality Post-Stroke
- 10.3 Discussing Sexuality Post-Stroke
- 10.4 Sexuality Resources Post-Stroke

Additional Resources

- 11.1 SWOSN Information
- 11.2 Hemispheres
- 11.3 Supplemental Resources

Acute Stroke Unit Orientation Introduction