

Southwestern Ontario Stroke Network Updates

Meet The SWOSN Team! [Click for Contact Information](#)

SWOSN Team Updates – Welcome to the Team, Leila & Sandy! 



Leila Angrand joined the Southwestern Ontario Stroke Network as the Regional Rehabilitation Coordinator on August 19th, 2019.

Leila obtained her Masters of Science in Occupational Therapy at the University of Western Ontario. She has extensive experience in stroke care, having worked along the continuum of care as a front line clinician across Canada both in urban and rural regions.

- While in British Columbia she supported the successful pilot of an Early Supported Discharge model that was spread to multiple sites in the region.
- While in Alberta she worked within the specialized stroke inpatient and outpatient rehabilitation program and supported that program during their successful attainment of Stroke Distinction.
- Working in North Eastern Ontario, she gained experience working with geriatric populations in Complex Continuing Care and was part of the project team leading the hospital to transition to rehabilitation designated beds.
- Leila also has experience in a private interprofessional outpatient clinic that filled the community gap by providing evidence informed treatment for neurological conditions.

Leila obtained her MBA in 2018 with a specialization in International Healthcare Management. This allowed her to gain the skills and knowledge to strengthen alignment between the clinical and operational side of the health care sector.

Leila is looking forward to using her clinical background, stroke expertise and leadership skills on a local, regional and systems level with the Southwestern Ontario Stroke Network. Leila can be reached at leila.angrand@lhsc.on.ca



Sandy Steinwender joined the Southwestern Ontario Stroke Network as the new Regional Stroke Prevention Coordinator on Sept 3, 2019. Within her role she will focus on primary and secondary stroke prevention across the continuum of care for the Southwestern Ontario Stroke Network. She will also take an active role in developing and implementing a Primary Care Engagement Strategy for SWOSN; we are excited and looking forward to the results of this work!

Sandy is an Occupational Therapist who has worked in a variety of clinical and educational settings across Canada (including Nunavut) and internationally.

Sandy obtained her Master of Science in Health Research Methods (2014) and her BScOT at McMaster University (1996). She is a PhD (candidate) in Health Information Science, Western University with specialized skills in health services research, program development, health outcomes evaluation and integrated knowledge translation.

Sandy is an adjunct lecturer in Rehabilitation Science at University of Toronto and Vice Chair of Education for International Centre for Disability and Rehabilitation, Trinidad Project. She has special interests related to evidence based practice, health related quality of life, health equity and global health.

Sandy is excited to use her knowledge and skills to support our system partners within the region and to help influence quality improvement discussions in support of Stroke Prevention across the province. Sandy can be reached at sandy.steinwender@lhsc.on.ca