

## Overview

### Windsor-Essex Activities 2009/10



Our work in stroke prevention continues to expand. During 2009, 845 patients were seen in our TIA/Stroke Prevention Clinic. In partnership with the Chatham Kent District Stroke Centre, we provided neurological consultation for 34 Chatham-Kent patients with carotid stenosis and/or complex stroke/TIA diagnoses. Our monthly Blood Pressure Screening Program, held at Hotel Dieu Grace Hospital (HDGH), has screened 1858 individuals since August 2008. 17.5% of those people screened have had blood pressures of greater than 140/80. Blood glucose screening, CO monitoring/smoking cessation, and blood typing services have also been offered at the screening clinics in addition to the blood pressure screening. Our TIA/Stroke Prevention Clinic initiated a comprehensive Smoking Cessation program sponsored by Pfizer. Our Stroke Prevention Nurse provided stroke prevention education to private and public sector partners, including DJ Galvanizing and Revenue Canada.

In the area of acute care we are amending our in-house policy for expansion of the tPA window to 4.5 hours, and working closely with our pre-hospital partners to prepare for paramedic education in the area. In an Erie St. Clair LHIN-wide partnership, we began collecting indicators, at all three Windsor-Essex hospitals for CIHI Project #340. We are also leading a project to implement a Dysphagia Screening Tool for all acute strokes at HDGH. A dysphagia screening protocol is well in place at Leamington District Memorial Hospital.

In 2009 we provided follow-up care for more than 400 moderate to severely disabled stroke patients. The local Stroke Survivors Support Group has expanded to include patients with MS and paraplegia. Further, the Caregiver Support Group now runs in partnership with the Canadian Paraplegic Association.

Professional education remains a priority and we provided education at all of the Windsor-Essex Hospitals. A highlight was an "at capacity" workshop on Motivational Interviewing and the 3- Minute Empowerment offered in partnership with the Regional Stroke Centre and Pfizer.