

Overview

Huron Perth Activities 2009/10



To start with some numbers from the District, last year the Stroke Prevention Clinic at Stratford General Hospital saw 144 patients: 6% emergent; 19% urgent; 13% semi-urgent and 13% elective. 71% of these patients were hypertensive.

In acute care, the Heart to Heart program was revised and renamed the, "ABC's of Vascular Disease." This new offering includes information on TIA/Stroke led by the nurse clinician from the stroke program. And as with other hospitals in the Southwest, we have revised stroke order sets according to the Canadian Best Practice Recommendations for Stroke. This revision includes the expanded 4.5 hour window for tPA.

Progress and gains in the area of rehabilitation are also being achieved. Most notably, the AlphaFIM Rehabilitation Candidacy Tool was used throughout the year at Stratford General and by videoconference with Alexander Marine General Hospital. 72 patients were screened for admission. Last year also saw the inaugural meeting of the Huron-Perth Stroke Rehab Network on March 23. The group is interested in the processes for the transfer of information and outcome measures across the continuum and inter-organizationally. Other themes to explore are the current trends in self-management tools and interprofessional collaboration. Finally, our new Community Stroke Rehabilitation Team saw 120 stroke survivors in the past year. The team has been very successful in the community building "Hubs of Services". Some examples include exercise programs, re-assessment clinics, therapeutic swim programs, "Living with Stroke" educational programs and the "Moving Forward with Stroke" support group. This new team also attended an excellent interprofessional workshop facilitated by the Impact Team at Credit Valley.