

## Overview

### Grey Bruce Activities 2009/10



Spring of 2009 marked the beginning of the Community Stroke Rehabilitation Team (CSRT) in Grey Bruce. In their first year they have seen more than 130 clients. Along with their individual work with clients, the team members are passionate advocates for the development, maintenance and sustainability of community hubs. These hubs are made up of stroke survivors and caregivers who meet regularly at various venues in their communities to share common interests and challenges. Eventually the Team will lessen its involvement with the hub while the group members will maintain the connection that was initiated by the CSRT. The hubs consist of an aphasia group, "Endless Possibilities," a caregiver/leisure group, "Living it Up," and a grocery tour group which is currently being implemented.

As with our partner District Stroke Centres across the region, we have updated clinical pathways and order sets to reflect Best Practice guidelines and to support the expanded window for tPA administration.

And finally, a sampling of the collaborative projects we have participated in across the care continuum:

- Falls Prevention and Implementation Project.
- Screening tool being used in community and pilot project initiated in acute care
- Bimonthly presentations to Cardiac Rehab program
- Chronic Disease self management program
- Ottawa Heart Model working group – smoking cessation
- Stroke Rehabilitation outcome measures
- Dysphagia training model
- Caregiver connect – VON, Healthline, PSW training
- Stroke Rehab access plan
- Standardization of outpatient stroke rehab – based on OSS consensus panel report