

Sarnia Lambton Stroke District 2010-2011 Summary of Accomplishments



This past year has brought significant change to the Stroke Centre in Sarnia-Lambton. Sarnia's Bluewater Health opened a new hospital in July and the majority of patients are presently cared for in the new facility. The District Stroke Centre moved twice and is now settling in its new home in the London building of the Sarnia site. The Stroke Centre and Secondary Stroke Prevention Clinic are located amongst the Medicine Programs and have ready access to patients and care providers.

An Acute Stroke Unit (ASU) opened February 1 within the Telemetry Medicine Unit in the Norman building. Patients with a new diagnosis of stroke are admitted to the ASU where protocols and an interdisciplinary team of health professionals provide best practice care. There is an emphasis on timely assessment, care, prevention, education and transitioning. The stroke nurse follows patients from their admission in the Emergency Department to the ASU and onto inpatient rehabilitation. This permits "in time" education, support and assistance within all phases of transition throughout the patient stay.

The District Stroke Centre works closely with the Sarnia-Lambton Stroke Recovery Association to enhance community programming and the transition of stroke survivors back into the community. The regional team has played a significant role in the work that is underway. The Lambton Stroke Advisory Committee accepted the provincial recommendations for district councils and is in the process of revising membership and obtaining an independent Chair for the new Lambton Council.